

Disability Power Day

Disability Power Day is **FREE**

Delicious Lunch

Sign up for the series, a day, or just a session

Contact ACT's Agency Coordinator to sign up or visit ACT's Website:

selfadvocacy.org

Patrick Mitchell

651-641-0297

pmitchell@selfadvocacy.org

2nd Friday of the Month

(3rd in Nov due to Veterans Day)

10:30am-3:00pm

@ **Merriam Park Library**

1831 Marshall Ave
St Paul, MN 55104



Are you interested in:

- Connecting with others
- Learning new self-advocacy skills
- Building your group
- Learning about your rights and issues that affect your life
- Having fun!



Disability Power Day brings people together around a common cause featuring a morning session, a social lunch, and an afternoon activity.

Upcoming Dates: Friday **October 13**,
Friday **November 17** (b/c of veterans day), **December 8th**

Registration Form: Disability Power Day

Yes, I'd like to attend the next Disability Power Day

- I will attend both the morning, lunch, and afternoon sessions
- I will attend the morning session and the lunch sessions
- I will attend the lunch and afternoon sessions

I would like to sign up for all the fall/winter days (Oct, Nov, Dec)

Name & Date: _____

Address: _____

Phone: _____

Email: _____

Return this portion to: Patrick Mitchell, ACT
1821 University Ave W
STE 306-S
St. Paul, MN 55401

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